

ASSEMBLING YOUR PRAYER JOURNAL

Instead of having tabs, we recommend having two colors of paper for your journal (an active color and a passive color). We use 8 ½ x 11 inch yellow and light blue colored paper. You will just do one little segment of prayer from a section and then flip to the next colored division to begin your next little segment of prayer. Don't let the timing become legalistic or binding. Remember, you are after a "relationship." If God is meeting with you in a certain section, feel free to stay there much longer and shorten some of the other sections.

The divisions we would recommend are below. We usually print out a double-sided white master copy of the journal, since a colored copy does not always print well. Next, separate out what will be the blue sections and the yellow sections. Put blue paper in the copier and run all the blue sections. Then, put yellow paper in the copier and run all the yellow sections. Collate these to form your booklet. You will want to either use the hole punch on the copier or do this by hand.

Rather than continually adding paper to your journaling section, you can have a separate personal notebook to journal notes from your daily Bible reading.

Yellow Pages	Blue Pages
1-2	3-4
5-22	23-24
25-28	29-32
33-36	37-42
43-46	47-48
49-50	51-52
53-57	